



"Come to a resolution on your own terms with the help of mediation"

Mediation 360



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What is mediation?

Mediation is a method of resolution for disputes.

Mediation attempts to help the parties involved find a mutually beneficial resolution within an impartial and confidential space.

What is a mediators role?

To help both parties have their chance to speak and be heard. To go through their issues and to help guide the parties to come to agreeable resolution.

How does mediation work?

1. Introduction of the ground rules of mediation are laid out.
2. The parties explain what their issues are.
3. The mediator gathers information.
4. The problems are identified/clarified.
5. The problems/issues are discussed to try and come to an agreeable resolution.



Principles of mediation:-

- Mediation is a voluntary process.
- Mediation is a confidential process.
- The mediator is neutral.
- The mediator does not give legal advice.
- Mediation allows both parties to speak in a safe and controlled environment.
- Mediation aims to guide both parties to a resolution on their own terms.